

# MAKE THE CONNECTION



## MENTORING TRAINING

**FOR THOSE WHO HAVE GAINED AN APPRENTICESHIP**

**DELIVERED AS A HALF DAY COURSE**

WORKING IN PARTNERSHIP WITH BOOTSTRAP ENTERPRISES, JOB CENTRE PLUS, TRAINING 2000, CONNEXIONS, PRO DIRECT, BLACKBURN COLLEGE, APPRENTICESHIPS R US AND THE PRINCE'S TRUST

**The aim of this course is to give an understanding of the principles of mentoring and expectations when starting an apprenticeship. They will be matched with an employee within that company who will become their mentor. The course is fully interactive, is packed with information and includes multiple activities. This course is designed to learn about mentoring in a fun and enjoyable way and on completion, delegates will have sufficient skills and knowledge to participate in a mentoring relationship. They will also be awarded with a certificate. A bespoke personalised travel plan and transport costs assistance will be included in this package.**

**Who should attend? This course is for those who will be employed as an apprentice.**

**Length of training course: 3.5 hours. Cost: Free (funded by CONNECT).**

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MAKE THE CHANGE, MAKE THE CONNECTION



## **Session One**

Introduction

The CONNECT project

Icebreaker Activity

What is mentoring?

Who needs a mentor?

Who could be a mentor? What qualities do we look for?

What is peer mentoring?

Mentoring skills and Interpersonal skills

Why do people volunteer? – Activity

Life goals – Activity

Communication skills – Activity

## **Coffee Break**

## **Session Two**

Key skills

Positive role models – Activity

Getting started and setting goals

Learning experience

New skills – Activity

Impact on mentors; empathy for mentees

Building rapport – Activity

Primary Communication Styles and Emotional Intelligence

Problem Solving