Friday 23 August

ALL DAY 10om to 3pm

Bikeability Level 3 Plus Map Reading (for children in year 6 and above who have already done Bikeability Level 2). Activity will be held at North Valley Community Centre.

Activity has a limited number of places so you need to book – www.govelo.co.uk

Sunday 25th August For the more experienced riders

100 miles in 8 hours Challenge Ride by Cyclists Touring Club.

Meeting at 8.30am at Springwood car park, Whalley with lunch stop at Caton. £3 entry including certificate for completion.

Please email or ring John Ramsden to book: john.ramsden@burnleyandpendlectc.co.uk or ring 01282 712185.



Find out more: www.visitpendle.com/fun www.pendle.gov.uk/bmx

Download family friendly cycling routes on **www.visitpendle.com** Find the cycling tracks via **Wilton Street, Barrowford BB9 8PU.**







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Saturday 17th August

Summer Jam at the BMX Pump Track

AM 10am to 12 noon

Cycle Sport Pendle BMX Pendle Panthers taster sessions. No need to book in advance, just turn up at the pump track. Bring your own bike and helmet. There are some bikes available on site but a limited number, so it will be first come first served. Sessions will be timed to let as many people have a go as possible.

PM 12 noon to 4pm

Cycle Sport Pendle BMX Pendle Panthers Summer Jam starts. Come and watch or have a go and join in the fun. Bring your own bike and helmet to take part.

All Day 10am to 4pm

Come and see Pendle Leisure Trust's Bike Revival Scheme including bike maintenance sessions, Try a Bike and Try an Electric bike (E-Bike). The Bike Revival Scheme has reconditioned bikes for sale at a reasonable price or sign up to learn how to do up your own bike!

Barbeque on site providing free food with the option to make a donation to the Air Ambulance. Pedal power your own smoothie on Go Velo's smoothie bike.

Sunday 18 August Cyclists' Touring Club

Club ride (approx. 40 miles.) – meet at 9.30 am at ESSE Barnoldswick heading to Cromwell Bridge with a lunch stop at Whalley Abbey.

Details on all Cyclists' Touring Club (CTC) rides can be found at **www.burnleyandpendlectc.co.uk**

Please email or ring John Ramsden to book: john.ramsden@burnleyandpendlectc.co.uk or ring 01282 712185.

Monday 19 August

AM 10am to 12 noon

- Learn to Ride for 3 year olds to 11 year olds
- Level 1/2 Bikeability 9 year olds upwards (This is an 8 hour course – children MUST be able to ride a bike)
- Adult Learn to Ride a Bike

PM 1pm to 3pm

- Learn to Ride for 3 year olds to 11 year olds
- Level 1/2 Bikeability 9 year olds upwards (follows on from Monday morning)
- Adult Learn to Ride a Bike

Activities have a limited number of places so you need to book via www.govelo.co.uk

Tuesday 20 August

AM 10am to 12 noon

- Learn to Ride for 3 year olds to 11 year olds
- Level 1/2 Bikeability 9 year olds upwards (follows on from Monday)
- Adult Learn to Ride a Bike

PM 1pm to 3pm

- Learn to Ride for 3 year olds to 11 year olds
- Level 1/2 Bikeability 9 year old upwards (follows on from Monday)
- Adult Learn to Ride a Bike

Activities have a limited number of places so you need to book via www.govelo.co.uk

EVENING 6.30pm

Burnley and Pendle Cyclists' Touring Club guided ride

(approx. 20 miles.) – meet at the Steven Burke Sports Hub at 6.45 pm Further information on all Cyclists' Touring Club rides can be found at **www.burnleyandpendlectc.co.uk**

Please email or ring John Ramsden to book: john.ramsden@burnleyandpendlectc.co.uk or ring 01282 712185.

Wednesday 21 August

AM 10om to 1pm

Pendle Leisure Trust Adapted Bikes and healthy lifestyles, just turn up at the Steven Burke Sports Hub, no need to book in advance.

PM 2pm to 4pm

Go Velo Cycle Treasure Hunt for children with their parents in and around Steven Burke Sports Hub, Bullholme and Barrowford Park with prizes for finishers. Book at www.govelo.co.uk

EVENING 6.30pm to 8pm

Go Velo launch of Ride Active Pendle Sofa to Saddle to run from today for 9 weeks getting people from being inactive to riding a bike confidently.

Activities have a limited number of places so you need to book at www.govelo.co.uk

Thursday 22 August

AM 10am to 12noon

Fun Adult Cycling Session (must be able to ride a bike) Activity has a limited number of places so you need to book - www.govelo.co.uk

EVENING 5pm

Come and try a timed lap at the Steven Burke Sports. Bring your bike and helmet and we'll set you off in groups of 6 for one lap of the 1.1km closed road circuit. Meet at 5pm at the main circuit gates and wait to be instructed by Cycling Development Pendle Partnership (CDPP) officials. Why not stay and watch the racing which starts at 6.30pm.

