

re:fresh
your health and wellbeing

WITTON PARK CYCLE CENTRE



**SPRING/SUMMER
TIMETABLE**



**BLACKBURN
with
DARWEN**
BOROUGH COUNCIL

March - July 2020

Inclusive Cycling

Have a ride around the outdoor track on one of a range of adapted bikes. Suitable for adults of all abilities.

Session times: Mondays 10am - 12pm

Costs: £5 per session or £2.50 under the re:fresh Leisure Scheme*

Bike Hire

We have a variety of bikes for hire including adapted and children's bikes.

Opening times: Wednesday 2:30pm - 4:30pm, Thursday 2:30pm - 4:30pm

Costs for up to two hours including helmet:

£5 adults (16+), £2.50 children/concession (60+) (BMX: £5 per person) Buggy trailers: £7.50, Balance Bikes: £1, BMX Bikes: £5 for 16 years+. Full face Helmet extra £1.

Pedal Around the Park

Low level, led ride around the park for adults, ideal for beginners. We also have a limited number of Bike Buggies available to use during this session, so little ones can come along too.

Session times: Thursdays 1pm - 2pm, Fridays 12pm - 1pm

Costs: £5 per session or £1 under the re:refresh Leisure Scheme* Buggy trailers: £7.50, £2.50 under the re:refresh Leisure Scheme*

Bike Buggy: not suitable for children under 12 months, max height 105cm, max load 18kg, safety helmets essential and can be provided, no dogs allowed

Use Your Gears and Led Ride

Learn how to use your gears, and then test them out on a led ride around the park. First come, first served.

Session times: Wednesday 1pm - 2:30pm

Costs: £1 under the re:refresh Leisure Scheme*

Buggy Trailer Pedal Around the Park

Please note Bike Buggies are not suitable for children under 12 months, max height 105cm, max load 18kg, safety helmets essential and can be provided, no dogs allowed.

Session times: Thursday 11am - 12pm

Costs: £5 per session or £2.50 under the re:refresh Leisure Scheme* Buggy trailers £2.50 under the re:refresh Leisure Scheme, £7.50 outside of structured session*

The Cycle Centre is located in Witton Country Park, Preston Old Road,
Blackburn BB2 2TP

*re:refresh Leisure Scheme: Discounted leisure for those who live, work or have a GP in the borough of Blackburn with Darwen. Proof required to obtain Leisure Card.

**FOR MORE INFORMATION ON ANY OF OUR SESSIONS
PLEASE CONTACT US ON 01254 682037 OR WELLBEING@BLACKBURN.GOV.UK**

