LIST OF WEEKLY ACTIVITIES for those with LEARNING DISABILITIES AND HOW TO GET THERE

The buses which go past the place where the activities are held, at the time you need, are written underneath each activity in blue

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Arts and Craft9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB 4SR£48, full at present Bus No. 5A/5CBus No. 4Bus No. 24 -(stop along Livesey Branch Rd) | Arts and Craft9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£48, full at presentBus No. 5A/5CBus No. 4Bus No. 24 -(stops along Livesey Branch Rd) |  Information Technology9.00am – 12.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£25, full at present Bus No. 5A/5CBus No. 4Bus No. 24 -(stops along Livesey Branch Rd) | Dance through Movement 9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£20, full at presentBus No. 5A/5CBus No. 4Bus No. 24 -(stops along Livesey Branch Rd) | Information Technology9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£48, full at presentBus No. 5A/5CBus No. 4Bus No. 24 -(stops along Livesey Branch Rd) |
|  | Music and Karoke10.00am – 12.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£3.00 (carers free)Bus No. 5A/5CBus No. 4Bus No. 24 –(stops along Livesey Branch Rd) | Sensory Music10.00am – 12.30pmFor those with complex needsGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£4.00Bus No. 5A/5CBus No. 4Bus No. 24 -(stops along Livesey Branch Rd) | Information Technology9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£48, full at present Bus No. 5A/5CBus No. 4Bus No. 24 – (stops along Livesey Branch Rd) | Drama9.00am – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£48, full at presentBus No. 5A/5CBus No. 4Bus No. 24 – (stops along Livesey Branch Rd) |
|   | Dance and Movement 2.00pm – 4.30pmGreenfields Community CentreGreen Lane, Blackburn, BB2 4SR£20, full at presentBus No. 5A/5CBus No. 4Bus No. 24 – (stops along Livesey Branch Rd) | Curiosity Club – art, craft, social 9.30am - 11.45amThe Energy ZoneNewfield Drive, Blackburn,BB2 3UA£4 includes tea and toastExtra £1.50 if staying for lunchBus No. 2 | Sliding Doors – social afternoon1.00pm - 3.00pmAccrington Road Community CentreAccrington Road, Blackburn,BB1 1AQ£1.00 Bus No. 6Bus No. 7Bus No. X41 | Shine Group10.30am - 2.30pmIvy St. Community Centre Ivy CloseBlackburn BB2 3RR£5 full day / £2.50 half dayBus No. 24Bus No. 12Bus No. 1Bus No. 223 |
|  |  | East Lancs Social Inclusion - ELSI6.30pm – 9.15pmSt. Albans Social Centre,Larkhill, BB1 6HNTel: 01254 72864207818465491Email:michaelsutton2000@yahoo.co.ukDisco/live music/bingo/pool/darts/ karaoke£1 per visitBus No. 3/3ABus No. 5A/5CBus No. 22 | Sliding Doors6.30pm – 8.30pm Blues Bar Blackburn Rover Football ClubEwood BB2 4JFBus No. 1Bus No. 24 | Social Group1.00pm -3.00pmThe Energy ZoneNewfield Drive, Blackburn, BB2 3UA£5.00 includes tea and toastBus No. 2 |
|  |  |  | Peter Pan Social GroupPoplar Social ClubWellington StAccringtonBB5 2NJ01254 231280Bus No. 67Bus No. X41 | Motivate Fridays A relaxed walk on a Friday afternoon which meets at Audley Sports Centre at 12.45pm. Please contact Matthew Leaver on 07837 921649 for more information on this walkBus No. 2Chill and Chat GroupYour Support Your ChoiceTown Hall Street, Blackburn BB2 1AG2.00pm – 3.30pm£1 per visit |

* My Step Up, Brownhill Farm – paid for service.
* All Together Club and Ivy St. Community Centre have an allotment linked to Ivy St. Community Centre 01254 55977.
* Motivate run a wide range of activities. Trampers are also available for use in the park, Monday-Friday am; Tuesday, Wednesday, Friday pm; Wednesday, Thursday evenings May – September. Ring for an induction. Wellbeing Hub 01254 682037. Beez card is required.
* The Connect Project can arrange a cycling session in Witton Park, lots of bikes available – trampers, bikes, trikes, disabled bikes. You can borrow the bike and the helmet. Visit includes refreshments. It is free through Connect and re:fresh. Daytime, by arrangement. Information flyer is available. Beez card is required. 01254 588814.
* The Connect Project can arrange an easy paced walk in Witton Park. Ideal for those who want to walk at a really easy pace, you can sit along the way if you need to, or walk just as far as you want to. Visit includes refreshments. It is free through Connect. Daytime, by arrangement. Information flyer is available. 01254 588814.